

SAMADHAN

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Executive Committee Members

Mr Ratan Kumar Gurtoo

President

Mr George Koshi

Treasurer

Ms Janak Kumari Gandhi

Member

Ms Smita Parmanand Hopper

Member

Ms Sanyam Maratha

Member

Ms Pramila Balasundaram

Founder

Ms Sumathi Morgan

Ex-officio

About Us

SAMADHAN is a non-profit, community-based registered organization started in 1981, with a mission towards establishing an infrastructure of accessible and affordable services for children with intellectual disabilities. A pioneer in the field of intellectual disability with a primary focus on early intervention, the centre is within the community in Dakshinpuri in South Delhi, which has a population of over 300,000 comprising over 50,000 families.

SAMADHAN extends its services to children with Intellectual disabilities such as Autism, Cerebral Palsy, Mental Retardation, Multiple Disabilities, Down Syndrome, Learning disabilities, Attention Deficit Hyperactivity Disorder and Developmental Delays. The primary activity of SAMADHAN is identifying and providing services for children who are either born with intellectual disability or at risk for developmental delay leading to disability if relevant services are not available and who are also impacted by poverty. The age group served is 0 to 16 years. The medical team of multidisciplinary professionals consists of Pediatrician, Occupational Therapist, Speech Therapist, Psychologist and Special Educator. Creative Movement Therapy, Drama Therapy, Music Therapy and Art Therapy form part of the curriculum to train these children.





OUR MISSION STATEMENT

To establish an infrastructure of accessible service for persons with intellectual disability living in low socio-economic areas and primarily for infants and pre-school children, using as far as possible manpower resources available within the target communities with active community participation leading towards an inclusive society.

Membership

- Registered under sub section (2) of Section 51 of the Rights of Persons with Disabilities Act, 2016.
- Member of the National Trust, a statutory body of Government of India
- Member of the Local Level committee for Guardianship Issues of The National Trust.
- Affiliate members of Inclusion International (a world body advocating for persons with intellectual disability).
- Full member of AFID (Asian Federation for the Intellectually Disabled)
- An Institutional member of the ARC-Asian Resource Centre, located presently in Tokyo, Japan
- Member of the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD)

Awards

- Award of Recognition as a leader in the Collective of Leaders for Persons With Disabilities. The award was given by PVRNest and Ummeed – Ray of Hope for SAMADHAN’s contribution in the field of disability
- The Most Promising Social Programme complementing the Sustainable Development Goals Award - Coffee Because, Delhi, 2018
- Innovation for successful interlinking of the three issues of disability, poverty and women’s empowerment Award - World Bank, 2001
- Award of Recognition - Inclusion International (the world body advocating for persons with intellectual disabilities), Hague, 1998
- The Good Practice Award - Dubai International Awards for Best Practices to Improve the Living Environment (DIABP), 2005

Legal Status

- SAMADHAN is a registered society under the Societies Registration Act of 1981 with registration no.12183
- Registered under section 80G of Income Tax Act of 1961
- Registered under the FCRA with the Ministry of Home Affairs with Registration No. 231650031
- Obtained Equivalency Determination Certificate making SAMADHAN equivalent to the U.S. Public Charity.

Collaboration with Government Agencies

The DISHA programme, a scheme by the National Trust, a statutory body of the Indian Government, aims at setting up Disha Centres for early intervention for Person with Disability (PwD) in 0-10 years of age covered under the National Trust Act, through therapies, trainings and providing support to family members. The DISHA Centre became operational from 1st September 2017 at SAMADHAN's Dakshinpuri Centre. 8 children who meet the criteria are benefitting by this scheme.

SAMADHAN facilitated the distribution of Teaching Learning Material kit from National Institute for the Empowerment of Persons with intellectual Disabilities (NIEPID) for 9 children from SAMADHAN. The TLM Kits are specially designed toys and teaching tools which keep the children engaged while improving logic, problem solving, hand-eye coordination and memory skills.



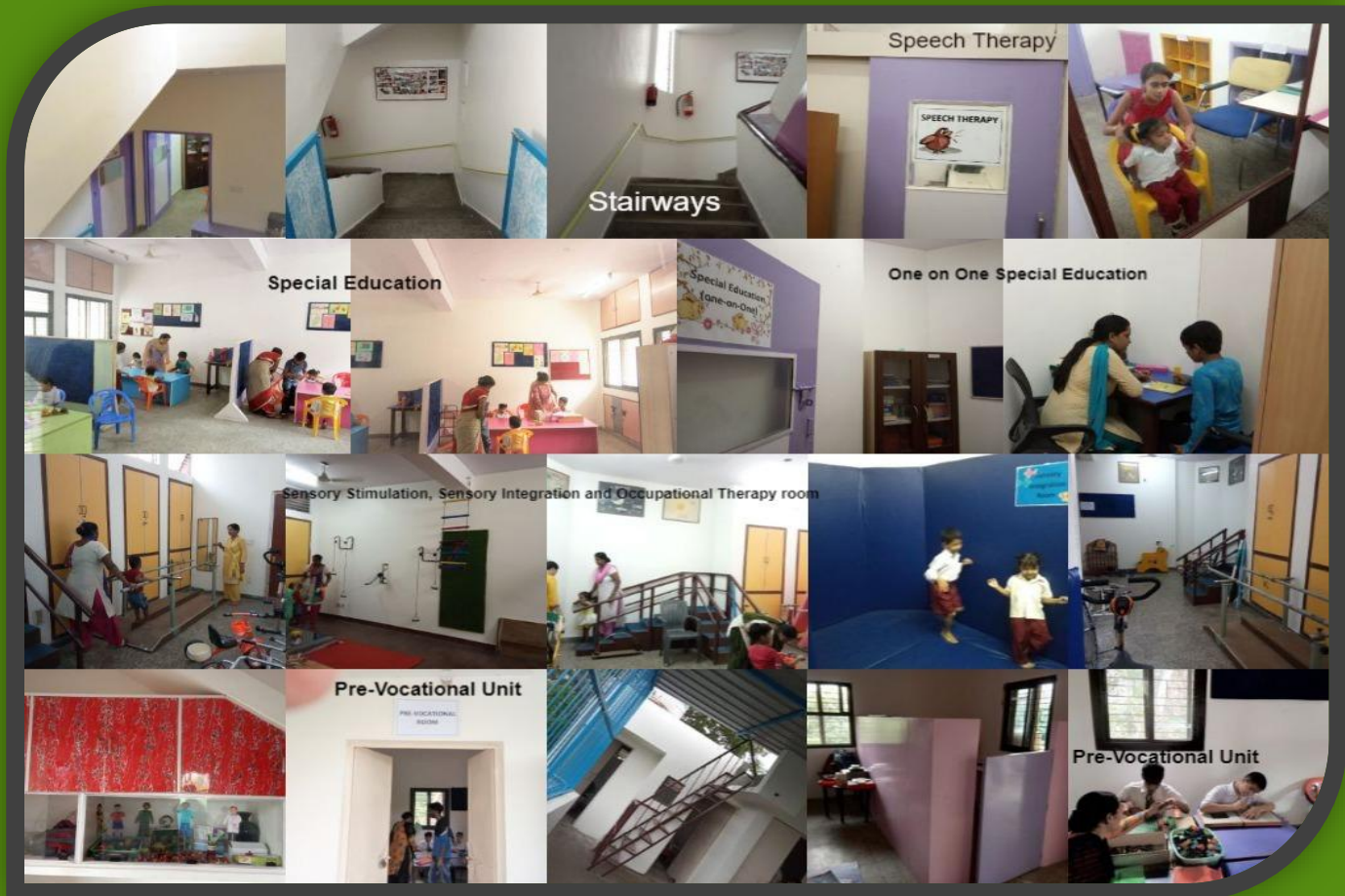
Partnership with Corporates and NGOs

Major funding support came from The Ford Foundation. The support helped us to revive the building with dedicated vibrant places for therapy and special educational services. More regular professional inputs improved the quality of the services.

Additional support for conducting audiometry assessments, dedicated speech therapy unit came from PVR-Nest and UMMEED.

Consistent support from Heart and Hand for the Handicapped, USA, continues to strengthen the project activities.

The contribution from individuals, interns and volunteers added value to the services given to the children and their families.



The Ford Foundation contributed to do a vibrant make-over for the classrooms, therapy unit, sensory stimulation and pre-vocational room and gifted the children with new uniforms.



Community Outreach Activities

Three speech camps were specifically organized at SAMADHAN to identify speech and hearing impairment in children. Thanks to PVR-Nest and Ummeed, Assessments and audiometric tests were conducted, and 26 children were identified with speech-related issues. Children were given regular therapy sessions by the speech therapist and counselling and home interventions are given for the families and caretakers.



Health camp at MLA Office, Community Hall, H-Block Dakshinpuri, New Delhi for children below 16 years of age. During the camp, medical, psychological, speech and occupational assessments were conducted.

Community Outreach Activities



An awareness programme was held on 27th November 2019 at Dhobhi Ghat, Sanjay Camp, Dakshinpuri during which SAMADHAN represented by its Director, Sumathi Morgan and Survey Worker, Kamlesh shared about the challenges of families having children with intellectual disabilities and had an interactive session with the community on issues related to how the community can identify and help children to seek early intervention.

SAMADHAN, on 19th NOV, 2019, was invited by Action India to share its work and create awareness on the importance of early detection and identification of intellectual disabilities in children. From Samadhan, Ms. Nidhi Patel (Counselor) and Ms. Kamlesh (Survey Worker) shared about the services of SAMADHAN and the participants mostly NGOs working in and around Dakshinpuri in various fields were interested to participate in workshops for identification of intellectual and learning disabilities at the early stage.



SAMADHAN's COVID-19 Response

March 15, 2020 – SAMADHAN centre was closed due to the devastating pandemic which is shaking the world today. The impact of this lockdown is going to be highly regressive on the development of our children. Hence, we came out with demonstrative videos of exercises using simple resources at home. Small WhatsApp groups of teachers, parents and therapists were formed and the videos are shared. Parents were motivated to share the activities. Therapists offered their time to discuss the challenges individually with parents at stipulated time. Those who do not have android phones were encouraged to seek the support of the neighbors who are willing to share their number for this purpose. Link for the videos is sent separately.

Workshops & Training Programmes



Creative Movement Therapy Workshop for Project staff and storytelling time for children



Case Conference – staff and professionals discuss the overall development, the challenges in children



Weekly workshop for staff to update their knowledge about the disability conditions and latest interventions.

Stories of Change

From Isolation to Inclusion...

THe additional support to be able to cope with the challenges that they face to be included in the mainstream schools. Kavyansh is one of the many beneficiaries of the Speech unit at SAMADHAN!!!

Kavyansh, the shy little boy who comes with his mother Meena is our success story of this year. Born to Rakesh and Meena in 2013, Kavyansh was diagnosed with Global Developmental Delay with dysmorphism - a difference in body structure. The child was having delayed milestones, delayed speech, and was able to understand very few commands. Other challenges included dependent daily living skills, and aggressive behaviour. At the age of 3, his social age was 1 year and 9 months.



Global Developmental Delay with Dysmorphism - A rare, genetic, multiple congenital anomalies/dysmorphic syndrome characterized by varying degrees of intellectual disability, global developmental delay (notably with severe speech and language impairment), muscular hypotonia, and facial dysmorphism (i.e. broad forehead)

He joined SAMADHAN in 2017. He was assessed by the team of professionals at SAMADHAN; he was able to say only three words, 'Amma, Appa and Bua'. He was not able to get up from the sitting position on his own, faced difficulty in climbing stairs. Cognitively, his recognition for colours, body parts etc., was very poor. Gross motor and fine motor skills were below the expected level.

NOW the child can say bi-syllable words, write A-Z in capital and small letters, 1 - 100 in numerical, simple additions. He is able to recognise colours, vegetables, body parts. Follows commands and shows improvement in his social skills. He actively participates in races, football games, jumping, walking etc.

The family shared their joy with SAMADHAN when he passed the interview at Mount Columbus School at Dakshinpuri and they could now see the child actually go to a school and learn with his friends. True joy of childhood from ISOLATION TO INCLUSION.....!!!!

Early Intervention – Transforming Lives

“ He now produces phonetic sounds which indicate his need for water and food. He tries hard to communicate with others.” –Abhishek's mother Meenakshi

Five-year-old Abhishek was referred by a psychiatrist to SAMADHAN for a Comprehensive Psychological intervention for Autism Spectrum Disorder and to give proper intervention regarding special education, occupation therapy and speech therapy. The child's parents' concerns are in the area of poor sustained attention,

Autism spectrum disorder is a condition related to brain development that impacts how a person perceives and socializes with others, causing problems in social interaction and communication.

The disorder also includes limited and repetitive patterns of behavior.



Echolalia (repetition of words), uneven language development, difficulty processing and retaining verbal information, drooling, aggression and rigidity, wandering tendency, hurts himself when angry, has episodes of fits and always feel hungry and thirsty. The child had poor eye contact and performed repetitive acts. He also showed reported disturbances in different motor domains, including gross and fine motor areas as well as coordination, and postural

control. Abhishek was very active until he was 2 to 3 years old and did not miss any milestones. He once had a head injury perhaps that created the imbalance in his development. An Applied Behavior Analysis (ABA) was done and goals were set: Increase language and communication skills, improve attention, focus, social skills, memory, and academics and to decrease problem behaviours.

More regular inputs on speech and language development from PVRNest, play therapy, several calming exercises, currently, the child is able to make eye contact, started following instructions, maintain body balance, move rhythmically to music. His vocabulary increased from 5 words to 10 words, shows interest in class activities. Therapies helped him to control his tantrums and he has started to sit for a short period of time and shows interest in class activities.

Awards & Recognitions



Collective of Leaders for Persons with Disabilities, PVR Nest – the Corporate Social Responsibility arm of PVR Limited - the largest film exhibition company in India and Ummeed (a start-up NGO) joint initiative, provided grants to leaders who can leverage their network and resources to create sustainable and high impact solution models ensuring inclusion of Persons with Disabilities. SAMADHAN became a COLPWD grantee in the year 2019 and received support for establishing an exclusive speech lab for children with intellectual disabilities contributing to the overall development of the children with disabilities and preparing them for the mainstream school education. a short documentary of COLPWD in which SAMADHAN was featured as a leader in promoting inclusive education was screened at PVR Plaza and SAMADHAN was given an award of recognition for its contribution in the field intellectual disability. Ms Tarika Roy, Secretary, Department of Disability Affairs presided over the function.

Gallery

VISITORS IN 2019



ACTIVITIES IN 2019





Children's day
out to the
sensory
stimulation park
in South Delhi



Workshops on
preparation of
natural fertilizers and
mushroom culture
were held for
teachers and mothers
to train the children
in gardening as part
of the prevocational
training and Women's
empowerment
programme. Projects
implemented at both
Dwarka and
Dakshinpuri centers.

A Big Thank You To All Our Donors

ORGANISATIONS

The Ford Foundation

Walt Disney

National Trust

Global Giving

Heart & Hand Foundation

Vibrant Women

Japanese Volunteers Group

Ummeed – PVR Nest

Jamna Auto Industries

Sai Properties

INDIVIDUALS

**Danielle Harvey | Ramamurthi | Sudha Gurtoo | Janak Kumari Gandhi |
Sanyam Maratha | Nisha Lall | Rajesh Narayan | Kalpana Nagpal | Dr
Bhatia | Pratibha | Swetha | Deepti | Junko and Atie | Niraj Kumar**



SAMADHAN (NGO for children with Intellectual Disabilities)

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